

lindsey FRECHOU

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Spring Hill College
English & Journalism Major
Theology Minor
Honors Program

2013 **The Clarion Herald** Archdiocese of New Orleans Newspaper
Reporter & Columnist | Photographer | InDesign

The SpringHillian Spring Hill College Newspaper
Editor in Chief | Photographer | InDesign

2012 **Students for Life of America** Missionary for Life
Crisis Counseling | Event Planning | Intern with Rep. Quayle

2012

activities & SERVICE

Phi Mu Fraternity

Theta Delta Chapter

'13-'14 President | '12-'13 Secretary | '11-'13 Chaplain

Spring Hill Student Ambassador

SHC Admissions

'10-'14 Tour Guide | Student & Parent panels | Overnight Host

Pro-Life Work

Mobile, Alabama

'12-'13 Badgers for Life service chair | '13-Present 2B Choices CPC Volunteer

St. Luke Youth Group

Slidell, Louisiana

Volunteer for Worship Wednesday nights | Theology of the Body

awards & HONORS

'10-'13 Dean's List Recipient

Must have a semester GPA of 3.5 or higher.

'13 Catholic Press Award

Given to journalism student who exhibits the Catholic faith through writing.

Nan Altmayer Scholarship Recipient

Awarded to 2 juniors each year at Spring Hill College who exhibit Ignatian values.

Alpha Sigma Nu Jesuit Honor Society

Highest honor given at a Jesuit Institution. Based on service and academic performance.

Lambda Pi Eta

Communication Arts National Honor Society.

Sigma Tau Delta

English Arts National Honor Society.

references & CONTACTS

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